

Skills

A dramatic painting of a volcano erupting at night. The volcano is the central focus, with a massive plume of dark smoke and ash rising into a dark, cloudy sky. Bright orange and yellow lava flows down the slopes of the volcano, illuminating the surrounding landscape. In the foreground, a town with several buildings is visible, some of which are partially obscured by the lava flows. A few people are standing in the lower left corner, looking up at the eruption. The overall scene is one of intense power and danger.

◆ LSD =

- Listening, Summarizing, Deep questioning

◆ CEI =

- Content, Emotion, Intention

◆ Reframing =

- Reframing a complaint into a wish

◆ Peeling the onion =

- Getting from positions to interests

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